

Little Buddhas Schedule

- Children enter the temple through the front doors and attend the first part of the service with their family.
- At the start of the Heart Sutra (about 11:10), children and volunteers leave the temple and go to the community dojo.
- Circle Time Part 1: (11:10-25). May include a story, music, introduction to meditation, show and tell...
- Centers/Activity Time: (11:25-noon). May include crafts, sensory-motor activities, games....
- Snack and share: (Noon-12:15) Conversation, social emotional skills...
- Clean Up: (12:15-12:20)
- Circle Time Part 2: (12:20-12:30)
- At 12:30, parents return to the community room/dojo to meet the children.